

# THIS IS HUMAN



A new way of seeing art at HOME



### THIS IS HUMAN

Welcome! Come in, relax and explore the space and the exciting programme designed for you by the Project X collective.

Project X is a diverse group of 11 young creatives who have taken over HOME for the month of August to bring you a unique programme called *This Is Human*. What is *This Is Human*? The short answer is: - YOU! It has been made with you in mind, the people now exploring HOME's inner world.

We want you to treat the space like it is your own. Walk around, relax and get involved. Engage with the art; even touch it if you want to. Be as loud as you want and make yourself at home.

Everything is accessible to everyone and to all ages plus most of the programme, including *Mind garden, Weasel Nation, Us, ReTreat* and *Occupy,* is free to enjoy and open on a drop-in basis all day (except Mondays) so there will always be something to experience.

There will also be a great range of stimulating events happening in the different spaces throughout the month. Our big launch night will be on Wednesday 9 August when you can see our giant puppet, Atlas arrive. On Thursdays we will have mindfulness, yoga and free late night events including music and performances in the gallery.

Wednesday 16 August is our family day which features a relaxed screening of *Chicken Run* and on Saturday 26 August, the official closing event, *In Motion* will bring the programme to an end in style.

Take a look through the brochure and enjoy your time at HOME.

We are looking forward to meeting you.

### Project X



### Mind Garden

Thu 10 – Thu 31 Aug The Foyer

A welcoming Zen-like space full of peace and clarity where you can take a break before you start your journey through HOME. Sit back, relax and empty your mind before you explore the rest of the building. *Mind Garden* has been conceived by David Fawcett who wanted to create an alternative seating area for visitors to HOME.



## ReTreat Thu 10 - Thu 31 Aug Theatre 1 Created by Joshua Wilkinson and Teniola Dowie and realised by Olivia du Monceau, ReTreat invites you to relax and reflect. Taking over the stage in Theatre 1, this sensory installation uses sound, lights and projection to transport you to a place of comfort and contemplation. A programme of mindfulness and yoga will accompany the piece. Opening times: Free, drop in Tue - Wed: 12:00 - 20:00 Thu: 12:00 - 22:30 Fri - Sat: 12:00 - 20:00 Sun: 12:00 - 18:30



### Thu 10 – Thu 31 Aug Ground Floor Gallery

Conceived by Hitchhiker, the gallery houses a continuous event, *Occupy*. A large-scale, interactive puppet built by Katy-Anne Bellis stands without identifying with age, sex or birthplace. All that is known is its name, Atlas. Ignoring the elitist culture of art venues and claiming the space as its own, the titan represents those who are not the casual gallery-goer. Almost in protest, *Occupy* will work with a wide range of artists throughout the weeks of August in which Atlas will be challenged, probed, praised and left to its own devices.

On Thursday evenings, visitors can enjoy and experience late night events presented by special guests from 20:00.

### Opening times:

Free, drop in

Tue - Wed: 12:00 - 20:00

Thu: 12:00 - 22:30

Fri - Sat: 12:00 - 20:00

Sun: 12:00 - 18:30



### The Interactive Game: Weasel **Nation**





WE INTERUPT THIS BROADCIST 10 - Thu 31 Aug The Foyer

> HOME has been taken over by Chief Weasel and his gang. Can you beat the weasels to reclaim HOME? This interactive computer game for all ages and abilities has been designed and developed by artists Dominic Bennett and Pat Farrell, in collaboration with a team of participants/super heros from Venture Arts (Amy Ellison, Danielle Dalton, Deborah Makinde) and brought to life by Olly Venning and Marc Keeling.







Tue - Wed: 12:00 - 20:00

Thu: 12:00 - 22:30

Fri - Sat: 12:00 - 20:00

Sun: 12:00 - 18:30











### THIS IS HUMAN: THE FILM SEASON

The This Is Human film season has been curated by Lucy Grayson who has selected every day stories that everyone can all relate to. From family and friendship, to ambition, love and religion, the chosen films comment on human emotion and what links people together as individuals.

### FISH TANK (15) + INTRO

Thu 3 Aug, 13:00 & 18:00

Dir Andrea Arnold/ UK 2009/ 120 mins Katie Jarvis, Michael Fassbender, Jason Maza

Set in an Essex council estate, 15-year-old Mia's life changes when she befriends her mother's new boyfriend, Connor, who encourages her one interest in life, dancing.

Accompanied by Random Acts short:

#### THE RAT KING

Dir Jess Dabbs

Blurring the line between fiction and reality. The protagonist highlights the feelings of dissatisfaction at being underpaid and undervalued, he acts as a spokesperson for disaffected youth.

### **MUSTANG (15)**

Thu 10 Aug, 15:50 & 20:40

Dir Deniz Gamze Ergüven /FR TR 2015 / 83 mins

When five young orphaned girls are spotted innocently playing on a beach with boys, their strict guardians confine them to their home. The consequences get even greater as they arrange forced marriages for all the girls.

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Accompanied by Random Acts short:

### ONE DIVING, ONE FALLING

Dir Harry Cauty

This film explores vulnerability, delusion and insanity, combined with passion, artistry and beauty, giving the suppressed women of the twentieth century a life of performance in the present.

### LITTLE MISS SUNSHINE (15)

Thu 17 Aug, 13:00 & 18:20

Dir Jonathan Dayton & Valarie Farris / US 2006 / 85 mins

After Olive receives a place in a beauty pageant final, her family take a cross-county road trip to California in their VW bus to get her there on time

Accompanied by Random Acts short:

#### LUX

Dir Issy Snailham

Set in 1970s England, an introverted young boy discovers the transcendental and alluring brilliance of Bowie.

### **BLUE IS THE WARMEST COLOUR (18)**

Thu 24 Aug, 13:00 & 19:30

Dir Abdellatif Kechiche /FR 2013 / 180 mins

Adele's life is changed when she meets Emma, a girl with blue hair, who introduces her into a world of desire, self-discovery and becoming an adult. Adele flourishes and loses herself from time to time, ultimately finding herself through love and loss.

Accompanied by Random Acts short:

#### REACHING

Dir Sophia Yeut See

A short film on the feeling of longing; of a person drifting through the city and contemplating discomfort.

### **MEET THE COLLECTIVE**

### Thu 3 Aug, 19:00-20:30

**EVENT SPACE** 

A chance to meet the artists behind *This is Human*. This informal discussion gives an insight into the process behind the take over and a taste of what's to come with the launch and official opening of *This is Human*. This Q&A will be hosted by Danny 'Falz' Fahey, founder of the creative leadership organisation, Thirty Pound Gentleman.

### DJ SET WITH FALZ (TPG SOUND SYSTEM)

### Thu 3 Aug, 20:30 CINEMA BAR

Following the Q&A with the Project X Collective, there will be drinks and music in the Cinema Bar on the top floor of HOME.

### OFFICIAL LAUNCH & PARTY: THIS IS HUMAN

### Wed 9 Aug, 18:00

To mark the launch of *This is Human*, a puppet procession through Tony Wilson Square accompanied by live music will lead to the gallery where Altas, our large puppet occupying the space, will be revealed followed a chance to explore the exhibition spaces and activities. Expect a party atmosphere with tunes from Big People Music late into the night.

### INTRODUCTION TO MINDFULNESS WITH ELLIE PASKELL

### Thu 10 Aug, 18:30

**THEATRE 1** 

Free, booking required (limited places)

Come along, let go and reboot. Together, we'll look at how mindfulness improves our lives and learn tools for stress management and wellbeing. Beginners and seasoned meditators all welcome.

### PERFORMANCE: BETHANY HERMITT

### Thu 10 Aug, 20:00

**GROUND FLOOR GALLERY** 

Free, drop in

Manchester based visual artist Bethany Hermitt performs a response piece to Atlas.

### MINDFULNESS FOR AUTISM

### Wed 16 Aug, 12:00

**THFATRF 1** 

Free, booking required (limited places)

An autism friendly relaxation and mindfulness session. Try out fun and easy ways to relax and find your calm using your imagination, breathing techniques and more!

### **RELAXED SCREENING: CHICKEN RUN (U)**

### Wed 16 Aug, 14:00

**CINEMA** 

Dir Directed by Nick Park, Peter Lord / UK 2000 / 84 mins

When a famous Flying Rooster crash lands into a chicken farm, the chickens see him as an opportunity to escape their evil owners.

### YOGA WITH CIARA GRANT

### Thu 17 Aug, 18:30

**THEATRE 1** 

Free, booking required (limited places)

Welcome to a yoga class that combines traditional elements of the Indian Ashtanga yoga practice and flowing sequences that help to calm the mind and strengthen the body simultaneously. The session will be taught in a way that you can adapt each pose or movement to suit you and your body so absolutely everybody is welcome. Remember - flexibility and strength are goals of yoga not a prerequisite.

### PERFORMANCE: MANCHESTER INTERNATIONAL ROOTS ORCHESTRA

Thu 17 Aug, 20:00

**GROUND FLOOR GALLERY** 

Free, drop in

This unique ensemble of musicians with roots from across the world including students from RNCM will perform a concert alongside Atlas in the gallery.

### PLAYBACK: RANDOM ACTS Q&A

Tue 22 Aug, 19:00-20:30

THEATRE 2

Join us for a screening of selected Random Acts short films followed by a Q&A panel discussion with the young filmmakers. This event is part of Playback, an installation of short films in the cinema foyer.

### **PERFORMANCE: JASON SINGH**

Thu 24 Aug, 20:00 GROUND FLOOR GALLERY

Free, drop in

Critically acclaimed Sound Artist and Beatboxer, Jason Singh performs a response piece to Atlas. This will be followed by a party in the downstairs bar.

#### OFFICIAL CLOSING EVENT: IN MOTION

Sat 26 Aug, 18:30 & 19:30

THEATRE 2

Booking required, £5

Envisioned by Lucy Grayson, In Motion revolves around the concept of emotion, with a stripped back version of the typical cinema experience that audiences are familiar with. Removing actors, narrative and dialogue, In Motion focuses on sound, light, visuals and music to take you on a journey through emotion, allowing you to create their own narrative. The piece will include evocative digital imagery and live VJing from Sean Clarke plus live music from Manchester musician Shunya, with performance and movement choreographed by Meraki Collective.

### PERFORMANCE: MEGAN DIXON HOOD

Sat 26 Aug, 20:00

DOWNSTAIRS BAR

Free, drop in

Megan is a Manchester based singer songwriter producing beautifully haunting music inspired by folk and indie sounds. She recently opened for Rag'N'Bone Man as part of his Manchester tour.

### **DJ SET: CHRISTIE**

Sat 26 Aug, 21:00 DOWNSTAIRS BAR

Free, drop in

Accountant by day, DJ by night, Christie will take over the decks and have us all hitting the dance floor to mark the official closing of *This Is Human*.

### PERFORMANCE: YOUNG IDENTITY

Thu 31 Aug, 20:00 GROUND FLOOR GALLERY

Free, drop in

Manchester's freshest spoken word collective, Young Identity, perform a poignant piece to mark the end of Atlas' occupation of the gallery and the finale of This Is Human.

Project X was conceived by HOME and began as an ambitious, innovative and risk-taking year-long talent development project in July 2016. The aim of the project was to pilot a participatory cross-art-form project led by emerging young creatives and producers who would be encouraged to test boundaries and take risks. This pioneering initiative was developed by HOME's Head of Engagement, Marisa Draper and HOME's Young People's Programme Producer, Rosie Stuart, in consultation with theatre practitioner and creative facilitator, Kate Bradnam. The collective has been supported by Kate, Rosie and the wider HOME staff team in developing their ideas and skills. Thank you to everyone involved in making *This is Human* happen.



#### **HOME** BE THE FIRST TO RECEIVE UPDATES

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